

High-Altitude Research Study



Male subjects needed for research on how breathing training affects performance at high altitude.

This is a study for US Special Forces, so at this time we are recruiting male subjects who are:

- 18 – 45 years old, not overweight, non-smokers
- Healthy, not on any regular medications, able to ride a stationary bike for up to 2 hours
- Not suffering from migraine headaches, anemia or sickle cell disease
- Willing to not go to the mountains (higher altitudes) for the duration of the study (6 weeks)
- Able to commit to up to 6 hours per week for exercise and breathing training for 4 weeks

We will measure your VO₂ max (peak oxygen uptake) twice at Denver altitude and twice at 16,000 feet.

- You will receive these results once the study has been completed

The total time commitment is for up to 48 hours over the course of 6-8 weeks.

Part of the study will be at a simulated altitude of 16,000 feet in a hypobaric chamber.

Please call 303-724-1675 for more information.